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Derva Karabulut

2	Department of Mechanical Engineering,
3	Faculty of Engineering,
4	Istanbul University-Cerrahpasa,
5	Avcilar, Istanbul 34320, Turkey
6	e-mail: deryakarabulut@istanbul.edu.tr
7	Suzan Cansel Dogru
8	Department of Mechanical Engineering,
9	Faculty of Engineering,
34	Istanbul University-Cerrahpasa,
11	Avcilar, Istanbul 34320, Turkey
<u>3</u> 3	e-mail: cansel.gurcan@istanbul.edu.tr
13	Yi-Chuna Lin
14	Department of Mechanical Engineering.
15	University of Melbourne.
16	Parkville, Victoria 3010, Australia
17	e-mail: linyc@unimelb.edu.au
	Maraua C. Dandy
10	
18	IVIAIGUS G. PAILUY
18 19 20	Department of Mechanical Engineering,
18 19 20 21	Department of Mechanical Engineering, University of Melbourne, Department Victoria 2010, Australia
18 19 20 21 22	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia
18 19 20 21 22	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia e-mail: pandym@unimelb.edu.au
 18 19 20 21 22 23 	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia e-mail: pandym@unimelb.edu.au Walter Herzog
18 19 20 21 22 23 24	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia e-mail: pandym@unimelb.edu.au Walter Herzog Human Performance Laboratory,
18 19 20 21 22 23 24 25	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia e-mail: pandym@unimelb.edu.au Walter Herzog Human Performance Laboratory, The University of Calgary,
18 19 20 21 22 23 24 25 26	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia e-mail: pandym@unimelb.edu.au Walter Herzog Human Performance Laboratory, The University of Calgary, Calgary, AB ■, Canada
18 19 20 21 22 22 23 24 25 26 27	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia e-mail: pandym@unimelb.edu.au Walter Herzog Human Performance Laboratory, The University of Calgary, Calgary, AB ■, Canada e-mail: wherzog@ucalgary.ca
18 19 20 21 22 23 24 25 26 27 28	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia e-mail: pandym@unimelb.edu.au Walter Herzog Human Performance Laboratory, The University of Calgary, Calgary, AB ■, Canada e-mail: wherzog@ucalgary.ca Yunus Ziya Arslan ¹
18 19 20 21 22 23 24 25 26 27 28 29	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia e-mail: pandym@unimelb.edu.au Walter Herzog Human Performance Laboratory, The University of Calgary, Calgary, AB ■, Canada e-mail: wherzog@ucalgary.ca Yunus Ziya Arslan ¹ Department of Mechanical Engineering.
18 19 20 21 22 23 24 25 26 27 28 29 30	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia e-mail: pandym@unimelb.edu.au Walter Herzog Human Performance Laboratory, The University of Calgary, Calgary, AB ■, Canada e-mail: wherzog@ucalgary.ca Yunus Ziya Arslan ¹ Department of Mechanical Engineering, Faculty of Engineering,
18 19 20 21 22 23 24 25 26 27 26 27 28 29 30 31	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia e-mail: pandym@unimelb.edu.au Walter Herzog Human Performance Laboratory, The University of Calgary, Calgary, AB ■, Canada e-mail: wherzog@ucalgary.ca Yunus Ziya Arslan ¹ Department of Mechanical Engineering, Faculty of Engineering, Istanbul University-Cerrahpasa.
18 19 20 21 22 23 24 25 26 27 26 27 28 29 30 31 32	Department of Mechanical Engineering, University of Melbourne, Parkville, Victoria 3010, Australia e-mail: pandym@unimelb.edu.au Walter Herzog Human Performance Laboratory, The University of Calgary, Calgary, AB ■, Canada e-mail: wherzog@ucalgary.ca Yunus Ziya Arsian¹ Department of Mechanical Engineering, Faculty of Engineering, Istanbul University-Cerrahpasa, Avcilar, Istanbul 34320, Turkey

Direct Validation of Model-Predicted Muscle Forces in the Cat Hindlimb During Locomotion

Various methods are available for simulating the movement patterns of musculoskeletal systems and determining individual muscle forces, but the results obtained from these methods have not been rigorously validated against experiment. The aim of this study was to compare model predictions of muscle force derived for a cat hindlimb during locomotion against direct measurements of muscle force obtained in vivo. The cat hindlimb was represented as a 5-segment, 13-degrees-of-freedom (DOF), articulated linkage actuated by 25 Hill-type muscle-tendon units (MTUs). Individual muscle forces were determined by combining gait data with two widely used computational methods-static optimization and computed muscle control (CMC)-available in OPENSIM, an open-source musculoskeletal modeling and simulation environment. The forces developed by the soleus, medial gastrocnemius (MG), and tibialis anterior muscles during free locomotion were measured using buckle transducers attached to the tendons. Muscle electromyographic activity and MTU length changes were also measured and compared against the corresponding data predicted by the model. Model-predicted muscle forces, activation levels, and MTU length changes were consistent with the corresponding quantities obtained from experiment. The calculated values of muscle force obtained from static optimization agreed more closely with experiment than those derived from CMC. [DOI: 10.1115/1.4045660]

Keywords: musculoskeletal model, cat hindlimb, static optimization, computed muscle control, muscle force, gait



37 Introduction

38 While there is evidence that humans may minimize metabolic 39 cost when walking at their preferred speeds [1-4], how the nerv-40 ous system selects a specific muscle activation pattern, among the 41 infinite number of possibilities that can produce the same move-42 ment, remains largely unknown for most locomotor tasks. Solving 43 the muscle-force-sharing (redundancy) problem may provide a 44 better understanding of the strategies used by the central nervous 45 system to coordinate motion of the joints during complex tasks 46 like walking. The muscle force-joint torque redundancy problem 47 reflects the fact that for many musculoskeletal systems in nature, 48 the number of muscles crossing a joint exceeds the number of 49 degrees-of-freedom (DOF) defining joint motion [5-9]. A recent 50 study proposed a novel noninvasive approach for the measure-51 ment of superficial tendon loading [10], however, direct measurement of muscle force remains highly invasive and very few 52 53 studies have recorded muscle or tendon forces in living people. 54 Ates et al. [11,12] measured the forces developed by the individ-55 ual leg muscles of living people, but these data were recorded intraoperatively and do not reflect the muscle activation patterns 56 57 adopted during daily physical activity. Komi and colleagues used

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Computational modeling offers a feasible alternative for deter-61 mining muscle forces in vivo. This approach has been used to cal-62 63 culate individual muscle forces [15] and articular contact stress distributions [16], quantify joint function [17,18], and investigate 64 joint stability and injury mechanisms [19]. Musculoskeletal mod-65 eling also has been used to simulate the effects of surgeries 66 [20,21], diagnose the causes of abnormal gait [22,23], infer the 67 functional roles of muscles during gait [24-27], investigate neuro-68 69 muscular coordination [28], analyze sport movements [29], and 70 compute bone-to-bone contact forces at a joint [30].

Importantly, however, the accuracy of model-predicted muscle 71 72 forces remains largely unknown. Some studies have compared 73 model calculations of muscle force against muscle electromyography (EMG) activity measured for a wide variety of locomotor 74 75 conditions [28,31,32]. While EMG measurements provide quanti-76 tative information on the sequence and timing of muscle activity, 77 there are a number of factors that limit its use in validating predic-78 tions of muscle force, including the highly nonlinear and nonuni-79 que relationship between EMG and force, and the dependence of this relationship on the length of the muscle, the velocity of 80 shortening or lengthening, the history of contraction, fatigue, and 81 training versus detraining effects [33]. Rigorous validation of 82 muscle force calculations requires a quantitative comparison of 83

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1Corresponding author.

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a buckle transducer to record forces transmitted to the Achilles58tendon during human gait [13,14]; however, this approach is ethi-
cally questionable and cannot easily be repeated.60

Stage

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model-predicted muscle forces against direct measurements of the
same quantities obtained for as many muscles as possible and a

86 wide range of movement conditions. 87 OPENSIM, an open-source musculoskeletal modeling and simula-88 tion environment, allows individual muscle forces to be calculated 89 using both inverse- and forward-dynamics techniques [34]. In the 90 inverse-dynamics approach, a physiologically based cost function 91 is optimized at each time instant using static optimization (SO) 92 and the resultant joint moments are considered as constraints 93 needed to satisfy the moment equilibrium regardless of the 94 previous history of force developed by a muscle [35]. Although 95 computationally efficient, this approach does not account for 96 the time-dependent and transient properties of skeletal muscle 97 contraction dynamics [36,37]. Forward-dynamics methods such as 98 computed muscle control (CMC) [38] solve the muscle redun-99 dancy problem by exploiting feedback control theory to generate 100 a set of muscle excitations that track a set of desired joint motions 101 [31]. CMC combines forward integration of the dynamical equa-102 tions of motion with SO to calculate individual muscle forces, and 103 hence, accounts for the time-dependent and transient dynamical 104 behavior of muscle. In contrast to SO, CMC incorporates passive 105 forces in muscle force calculations. Lin et al. [31] compared 106 muscle force predictions derived from SO and CMC for human 107 walking and running and found that both techniques produced 108 similar results, but the authors recommended the use of SO based 109 on its robustness and computational efficiency.

110 Because in vivo human muscle force recordings are ethically 111 questionable, animal models provide a good starting point for 112 direct validation of muscle forces predicted by computational sim-113 ulation platforms. Thus, the aim of this study was threefold: first, 114 to develop a detailed musculoskeletal model of the cat hindlimb; 115 second, to apply SO and CMC and determine individual muscle 116 forces in the cat hindlimb during free locomotion, specifically, 117 walking on level ground and walking up inclines of various 118 grades; and third, to quantitatively compare model-predicted mus-119 cle forces against direct measurements of the same quantities

120 obtained in vivo during gait.

121 Materials and Methods

122 Experimental Protocol. Biomechanical measurements were 123 performed in the cat hindlimb for a wide range of locomotor con-124 ditions [39]. Five male cats $(5.2 \pm 1.1 \text{ kg})$ were trained to walk on 125 level ground and uphill at three different inclines (30 deg, 45 deg, 126 and 60 deg). Training sessions were conducted five times a week 127 for about 1 h for a minimum of 2 months prior to surgical implan-128 tation of tendon force transducers and EMG electrodes. Measure-129 ments were conducted 1 week following surgery, which allowed 130 for complete recovery of the gait patterns for all animals such that the recorded kinematics and kinetics data after surgery were simi-131 132 lar to those observed prior to surgery [40]. All procedures were 133 approved by the Life Sciences Animal Ethics Committee of the 134 University of Calgary.

135 A prophylactic dose of penicillin-based antibiotic (200,000 I.U. 136 Derapeu-C, Ayerst Labs) was administered to the cats. The ani-137 mals were given a tranquilizer (Atravet 0.5 mg kg⁻¹, Ayerst Labs) 138 on the morning of surgery, anesthetized using a halothane-139 oxygen-nitrous oxide mixture, and then intubated.

140 Forces transmitted by the medial gastrocnemius (MG), soleus 141 (SOL), and tibialis anterior (TA) tendons in the left hindlimb were 142 measured using buckle transducers (Fig. 1) [41]. Each transducer 143 was surgically attached to the separated tendon of the respective 144 muscle, and muscle force was recorded at 2000 Hz [42]. Tendon 145 force transducers were based on the design of Walmsley et al. 146 [43]. Stainless steel (316 alloy) was fashioned into smooth 147 E-shaped pieces. A small hole was drilled into the ends of the 148 arms of the E to allow for the placement of sutures on the open 149 end of the E following attachment of the transducer on the tendon. 150 This design prevented the transducer from slipping over the



Fig. 1 Buckle-type force transducers attached to the MG and SOL muscle tendons in the cat hindlimb

tendon. The tendon force transducers were calibrated at the end of 151 the measurement session. Once the animals were anesthetized, 152 transducers were calibrated by detaching the insertion areas of the 153 muscle-tendon units (MTUs) from the attached bone and hanging 154 a series of at least 15 known weights from the remnant tendon. 155 Calibrations of each transducer turned out to be linear within the 156 physiologic loading range with a linear regression coefficient typically exceeding 0.99 [40]. 158

Muscle EMG activity for the MG, SOL, and TA was measured 159 using in-dwelling, bipolar, fine-wire electrodes sampling at 160 2000 Hz. The in-dwelling bipolar EMG electrodes were composed 161 of Teflon-insulated multistranded, stainless steel wire (Bergen 162 BW9-48) and were surgically implanted into the midbelly of the 163 target muscles using a small, curved surgeon's needle (Miltex 164 MS-140). The EMG electrodes were fixed to the muscular fascia 165



Fig. 2 Placement sites of the reflective markers on the cat hindlimb

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Fig. 3 (a) Skeletal and (b) musculoskeletal models of the cat hindlimb used in this study. DOF: degrees-of-freedom; MP: metatarsophalangeal joint.

using silk sutures [40]. Leads of all EMG electrodes and force
transducers were routed subcutaneously to a backpack connector
from which all signals were transmitted by telemetry to a
custom-built amplifier. Linear envelopes of the EMG signals
were calculated from the full-wave rectified signals treated with
a second-order Butterworth low-pass filter operating at a cut-off
frequency of 7 Hz [44].

Joint motion of the left hindlimb was measured using five reflective markers, each 10 mm in diameter, placed over the hip, knee, ankle, metatarsophalangeal (MP) joint, and toe (Fig. 2). The three-dimensional spatial positions of these markers were 176 measured using a two-camera motion capture system (DRMC36, 177 Motion Analysis Corporation, Santa Rosa, CA) sampling at 178 60 Hz. The three-dimensional position of the contralateral hip 179 joint marker was chosen to be roughly symmetric with the position of the ipsilateral hip joint marker. Cats walked on the walk-181 way at self-selected speed (average speeds were 0.39 ± 0.11 m/s, 182 0.65 ± 0.17 m/s, 0.76 ± 0.15 m/s, and 0.85 ± 0.20 m/s for the 183 level and the 30 deg, 45 deg, and 60 deg uphill walking conditions, 184 respectively).

Muscle-tendon lengths of the MG, SOL, and TA were calculated using the measured joint motion and corresponding moment arms. Muscle-tendon moment arms were determined as a function of joint angle using the tendon excursion method [39,45].

Left hindlimb ground reaction forces were recorded using two 190 force platforms (AMTI, Newton, MA) positioned in the center of 191 the walkway. Ground reaction forces were recorded at 2000 Hz 192 and synchronized with the kinematic, muscle force, and EMG 193 data. Paw contact was identified as the first instant at which the 194 vertical component of the ground reaction force was greater than 195 5% of the bodyweight. Similarly, paw-off was identified as the 196 first instant at which the vertical component of the ground reaction 197 force was less than 5% of the body weight. For more details 198 concerning the surgical and experimental procedures, see Herzog 199 et al. [40]. 200

Musculoskeletal Model of the Cat Hindlimb. A rigid-body 201 model of the hindlimb skeleton was created in OPENSIM (version 202 3.3) using computed tomography (CT) images with slice thickness 203 of 0.075 cm and voxel size of $0.05 \times 0.05 \times 0.075$ cm³ (Siemens 204 Emotion 16, Erlangen, Germany) obtained from one male adult 205 cat. The two-dimensional CT images were converted into a threedimensional model using a commercial image processing software 207 package called 3D DOCTOR (Able Software Corp.). Closed mesh 208 surfaces of the bones were then created using SolidWorks 209

	Moment arms obt	ained with OPENSIM	Moment arms given in the literature			
Muscle	Knee flexion (mm)	Ankle flexion (mm)	Knee flexion ^a (mm)	Ankle flexion ^b (mm)		
BFM	-9.3	_	-10.1	_		
BFP	-61	_	-62.0	_		
EDL	3.0	11.4	2.7	12.3		
FHL	_	-5.9	_	-5.7		
GRA	-28.6	_	-28.2	_		
LG	-9.2	-14.9	-8.8	-16.0		
MG	-9.2	-14.9	-8.6	-16.0		
PL		3.4	_	3.7		
PLAN	-9.2	-15.0	-9.4	-16.0		
RF	10.6	_	10.5	_		
SM	-6.3	_	-6.7	_		
SMP	-11.6	_	-10.0	_		
SOL		-15.0	_	-16.0		
ST	-39.3		-40.0			
ТА	_	12.1	_	12.0		
VI	9.9	_	9.8	_		
VL	9.9	_	9.5	_		
VM	10.0	_	9.8	_		

Table 1 Peak knee and ankle moment arms measured and computed for the cat hindlimb

^aLiterature values of knee flexion moment arms from Ref. [51].

^bLiterature values of ankle flexion moment arms from Refs. [47] and [50].

Note: The missing values (—) imply that either the corresponding muscle does not span the respective joint or the moment arm value cannot be found in the literature. BFM: biceps femoris medial; BFP: biceps femoris posterior; EDL: extensor digitorum longus; FHL: flexor hallucis longus; GRA: gracilis; LG: lateral gastrocnemius; MG: medial gastrocnemius; PL: peroneus longus; PLAN: plantaris; RF: rectus femoris; SM: semimembranosus; SMP: semimembranosus; posterior; SOL: soleus; ST: semitendinosus; TA: tibialis anterior; VI: vastus intermedius; VL: vastus lateralis; VM: vastus medialis.

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Fig. 4 Comparison of the moment arms as a function of (*a*) ankle joint angle for seven muscles obtained from OPENSIM and literature studies [47,50,51] (MG: medial gastrocnemius; SOL: soleus; TA: tibialis anterior; EDL: extensor digitorum longus; FHL: flexor hallucis longus; LG: lateral gastrocnemius; PL: plantaris) and (*b*) knee joint angle for three muscles (BFM: biceps femoris medial; BFP: biceps femoris posterior; ST: semitendinosus)

210 (Dassault Systems SolidWorks Corp.). The inertial parameters 211 (moment of inertia, mass, and center of mass) of each bone were 212 calculated by taking into account the geometry of the bones deter-213 mined from SolidWorks as well as the density of bone [46]. The 214 model of the cat hindlimb consisted of five rigid bodies-pelvis, 215 thigh, shank, foot, and the digits—and 13DOF (Fig. 3(a)). The pelvis was represented as a 6DOF free joint, the hip as a 3DOF 216 217 ball-and-socket joint, the knee as a 1DOF hinge joint, the ankle as 218 a 2DOF universal joint, and the MP joint as a 1DOF hinge joint 219 (Fig. 3(a)). A rotation matrix for each body segment was obtained 220 from the local coordinate system embedded at the center of each 221 joint relative to the global coordinate system platform. Rotations about the longitudinal axis of the segment (except for the hip 222 joint) were neglected since rotations of each body segment were 223 represented by two markers only. The locations of the axes of 224 rotation for each joint were found using a mechanical system as 225 described by Burkholder and Nichols [47]. Directions of the axes 226 were selected to be consistent with those defined in OPENSIM. Fol- 227 lowing the determination of axes, a stance-like posture was 228 selected as a reference position for the skeletal system, and all 229 joint angles were set to zero in this neutral pose [47,48]. For the 230 hip and knee joints, the reference position was set at mild dorsiflex- 232 ion, while that for the MP joint was set at full extension. The 233

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Muscle	Abbreviation	Optimal fiber length (mm)	Tendon slack length (mm)	Peak isometric muscle force (N)	Pennation angle (deg)
Adductor magnus	ADDMAG	62.6	31.0	103	0
Biceps femoris anterior	BFA	36.9	81.0	87	14
Biceps femoris medial	BFM	36.9	85.0	61	14
Biceps femoris posterior	BFP	44.3	92.5	22	14
Extensor digitorum longus	EDL	33.6	172.0	22	8
Flexor digitorum longus	FDL	20.6	179.0	21	10
Flexor hallucis longus	FHL	15.6	175.0	110	7
Gluteus medius	GMED	12.0	34.0	60	10
Gluteus minimus	GMIN	10.5	33.6	22	10
Gracilis	GRA	64.4	47.8	31	0
Lateral gastrocnemius	LG	24.5	101.7	105	17
Medial gastrocnemius	MG	20.9	107.5	92	21
Peroneus longus	PL	23.7	107.0	17	7
Plantaris	PLAN	18.7	112.5	78	14
Rectus femoris ^a	RF	19.2	91.5	124	7
Sartorius anterior	SARA	105.5	28.0	8	0
Sartorius medial	SARM	105.5	30.0	12	0
Semimembranosus anterior	SMA	84.0	25.0	39	0
Semimembranosus posterior	SMP	62.0	60.0	79	0
Semitendinosus	ST	60.5	62.5	48	0
Soleus	SOL	41.7	65.0	21	7
Tibalis anterior	ТА	52.2	85.9	27	7
Vastus intermedius	VI	22.6	70.0	42	7
Vastus lateralis ^a	VL	27.3	72.0	150	17
Vastus medialis	VM	26.9	65.0	62	17

Table 2 Muscle model parameter values assumed in this study

^aIndicates that the muscle-tendon parameters were obtained from Ref. [53].

Note: All muscle parameters (except those indicated by footnote a) were obtained from Ref. [52].

234 model skeleton was actuated by 25 Hill-type muscle-tendon units 235 (Fig. 3(b)) [47,49–51]. Muscle origin and insertion sites were 236 determined using published anatomical records [47]. Via points 237 and wrapping surfaces were added to provide an anatomically 238 realistic path for each MTU [48]. The locations of the origin and 239 insertion sites of the MTUs were adjusted until the moment arms 240 computed in the model were in reasonable agreement with the corresponding data reported in the literature [47,50,51] (see 241 242 Table 1 and Fig. 4).

Physiological parameters for the model of muscle-tendon actuation (i.e., peak isometric muscle force and the corresponding optimal muscle-fiber length and pennation angle as well as tendon
slack length) were obtained from the literature (see Table 2)
[52,53]. Muscle excitation-contraction (activation) dynamics were
modeled as a first-order process with activation and deactivation
time constants assumed to be 10 ms and 40 ms, respectively [54].

250 Muscle Force Calculations. The generic skeletal model was 251 scaled to each cat such that the distances between the locations of 252 the experimental and virtual (theoretical) markers were mini-253 mized. Joint angles were calculated from the marker data by 254 means of an inverse kinematics approach [34]. A standard 255 inverse-dynamics approach was used to compute the net moments exerted about the hindlimb MP, ankle, knee, and hip joints [28]. 256 257 SO and CMC were then used to determine the individual muscle 258 forces at each instant during the gait cycle. The fast target CMC 259 algorithm was implemented in this study. The objective function 260 was to minimize the sum of the squares of all muscle activations 261 subject to the force-length and force-velocity properties of the

muscles [55]. Length changes of the muscle-tendon units were 262 found using the "Muscle Analysis" tool available in OPENSIM. 263

Data Analysis. Only the results for the stance phase of locomo- 264 tion are presented below because the muscles of interest, MG and 265 SOL, remain primarily active during this phase. To quantitatively ²⁶⁶ evaluate the agreement between model and experiment, root- 267 mean-square differences (RMSDs) and Pearson cross-correlation 268 coefficients (PCCs) were calculated for measured and model- 269 predicted muscle forces, MTU length changes, and muscle activa- 270 tions. An RMSD value of 0.01 indicates a mean error of 1% 271 between the measured and model-predicted data, while a PCC 272 value of 0 indicates no correlation between the measured and 273 model-predicted results [56]. Differences in RMSD and PCC val- 274 ues between the measured and model-predicted muscle forces and 275 muscle activations were evaluated statistically using a multiway 276 ANOVA. Holm-Bonferroni correction was used for multiple 277 comparisons. The level of significance was set to p < 0.05. 278

Model Sensitivity Analysis. Monte Carlo analyses were used **279** to quantify the sensitivity of the model-predicted muscle forces to **280** combined changes in five physiological parameters of each MTU: **281** peak isometric muscle force, optimal muscle fiber length, muscle **282** pennation angle, tendon slack length, and maximum contraction **283** velocity of muscle [57]. The model-predicted muscle forces **284** obtained from the generic model for all locomotion conditions **285** served as the nominal muscle forces. For each MTU, the SO and **286** CMC problems were resolved by randomly perturbing each physi-**287** ological parameter between +10% and -10% of its nominal **288**

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Fig. 5 Comparison between the measured and model-predicted muscle-tendon unit lengths for the MG, SOL, and TA muscles in the cat hindlimb during (*a*) level walking, (*b*) walking up a 30 deg incline, (*c*) walking up a 45 deg incline, and (*d*) walking up a 60 deg incline. Data were normalized to the stance phases of each stride.

Table 3 Average RMSD and PCC values for muscle-tendon unit length changes obtained experimentally and predicted theoretically for different locomotion conditions

	Level walking			30 deg upslope			45 deg upslope			60 deg upslope		
	MG	SOL	TA	MG	SOL	ТА	MG	SOL	ТА	MG	SOL	ТА
RMSD PCC	0.07 0.82	0.11 0.85	0.46 0.79	0.11 0.95	0.04 0.98	0.04 0.98	0.06 0.86	0.35 0.73	0.15 0.94	0.10 0.93	0.19 0.84	0.11 0.91

289 value. For each new solution, a RMSD was calculated reflecting 290 the difference between the model-predicted muscle force associ-291 ated with the perturbed physiological parameter and that associ-292 ated with the nominal solution. For each Monte Carlo simulation, 293 a convergence criterion was defined as a stopping rule [58]. The 294 criterion was satisfied when the mean and the coefficient of varia-295 tion for the final 10% of the simulations were within 2% of the 296 entire mean and coefficient of variation [57].

297 Results

Muscle-tendon unit length changes calculated for MG, SOL, and TA were consistent with those obtained from experiment (Fig. 5). RMSD between the calculated and measured MTU length 300 changes were less than 0.20 for all three muscles and locomotion 301 conditions, except for TA during level walking and SOL when 302 walking up a 45 deg incline (Table 3). The corresponding mean 303 PCC values were at least 0.73 across all muscles and locomotion 304 conditions (Table 3). 305

The activation patterns predicted by both SO and CMC were 306 generally consistent with the measured EMG data (Fig. 6), except 307 for TA and MG when walking up the 45 deg and 60 deg inclines, 308 respectively, where relatively high RMSD values and low correlation coefficients were observed (Fig. 7). 310

Muscle forces predicted by SO agreed more closely with 311 experiment than those derived from CMC (Fig. 8). RMSD values 312

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Fig. 6 Comparison between the measured and model-predicted activation patterns for the MG, SOL, and TA muscles in the cat hindlimb for (*a*) level walking, (*b*) walking up a 30 deg incline, (*c*) walking up a 45 deg incline, and (*d*) walking up a 60 deg incline. Data were normalized to the stance phase of each stride. Magnitudes of the measured and model-predicted activation patterns were normalized from 0 to 1 based upon the minimum and maximum values obtained during stance. EXP: linear envelope of the measured EMG signal normalized to its peak value; SO: muscle activation predicted by static optimization; CMC: muscle activation predicted by computed muscle control.

for SO were consistently smaller than those for CMC for all 313 314 muscles and all locomotion conditions (Fig. 9). Except for SOL in 315 level walking and TA when walking up a 60 deg incline, muscle 316 force predictions obtained using SO were associated with a signif-317 icantly smaller error than those obtained from CMC (p < 0.05). 318 PCC analysis also showed that the level of agreement between the 319 model-predicted and measured muscle forces was greater for SO 320 than CMC; however, a statistically significant difference 321 (p < 0.05) was detected only for MG during level walking 322

(Fig. 9). 323 The sensitivity analyses revealed that mean RMSD values cal-324 culated between the model-predicted nominal muscle forces and 325 the muscle forces obtained from Monte Carlo analyses using SO 326 were consistently smaller than those obtained using CMC for all 327 muscles and all locomotion conditions (Figs. 10 and 11, Table 4). 328 The sensitivity results of the PCC analysis also demonstrated that 329 mean PCC values calculated between the model-predicted nomi-330 nal muscle forces and the muscle forces obtained from Monte 331 Carlo analyses using SO were greater than those obtained from 332 CMC for all muscles and locomotion conditions (Table 5). 333 In all simulations, peak reserve joint moments were less than

³³⁴ 5% of the corresponding net joint moment. Peak reserve joint ³³⁵ moments for CMC were greater than those for SO, except for the ³³⁶ 30 deg uphill walking (p < 0.05). Residual joint moments were ³³⁷ less than 1% BW × Ht, while residual forces were less than 5% of the magnitude of the vertical ground reaction force as recom- 338 mended by Hicks et al. [59]. 339

Discussion

Accurate determination of the force-sharing patterns among 341 muscles during unrestrained voluntary movements remains a chal- 342 lenging problem in biomechanics [60,61]. Computational model- 343 ing is the only practical means of evaluating muscle and joint 344 contact loading in vivo. However, one limitation of the existing 345 models is the lack of systematic and objective validation of the 346 predicted muscle forces [59]. The purpose of this study was to 347 quantitatively evaluate the accuracy of model-predicted muscle 348 forces derived from two of the most widely used optimization- 349 based techniques in the study of human motion biomechanics-350 SO and CMC-against direct measurements of the same quanti- 351 ties obtained in vivo. Muscle forces were calculated using a 352 muscle-actuated model of the cat hindlimb in conjunction with the 353 experimental gait data obtained for level walking and walking up 354 inclined surfaces. There was good agreement between the calcu- 355 lated and measured MTU length changes, and hence muscle- 356 tendon moment arms, implying that the geometry of the muscles 357 and bones assumed in the model was reasonable (Fig. 5, Table 3). 358 The calculated values of MG, SOL, and TA forces obtained from 359 SO were compared more favorably with experiment than those 360

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Fig. 7 Average RMSD and PCC values reflecting differences between the measured and model-predicted muscle activation patterns obtained from SO and CMC for different locomotion conditions (MG: medial gastrocnemius; SOL: soleus; TA: tibialis anterior). * indicates statistical difference between SO and CMC (p < 0.05).



Fig. 8 Comparison between the measured and model-predicted forces for the MG, SOL, and TA muscles in the cat hindlimb during (*a*) level walking, (*b*) walking up a 30 deg incline, (*c*) walking up a 45 deg incline, and (*d*) walking up a 60 deg incline. Data were normalized to the stance phase of each stride. EXP: measured muscle force; SO: muscle force predicted by static optimization; CMC: muscle force predicted by computed muscle control.

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Fig. 9 Average RMSD and PCC values reflecting differences between the measured and modelpredicted muscle forces obtained from SO and CMC for different locomotion conditions (MG: medial gastrocnemius; SOL: soleus; TA: tibialis anterior). * indicates statistical difference between SO and CMC for the corresponding muscle (p < 0.05).



Fig. 10 Variations in muscle forces obtained from Monte Carlo analyses (gray shaded regions) together with measured (thick lines) and model-predicted forces (thin lines) for the MG, SOL, and TA muscles in the cat hindlimb during (*a*) level walking, (*b*) walking up a 30 deg incline, (*c*) walking up a 45 deg incline, and (*d*) walking up a 60 deg incline. Data were normalized to the stance phase of each stride. Model-predicted muscle forces were calculated using static optimization simulations where peak isometric muscle force, optimal muscle fiber length, muscle pennation angle, tendon slack length, and maximum contraction velocity of muscle force calculated using static optimization.

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Fig. 11 Variations in muscle forces obtained from Monte Carlo analyses (gray shaded regions) together with measured (thick lines) and model-predicted forces (thin lines) for the MG, SOL, and TA muscles in the cat hindlimb during (*a*) level walking, (*b*) walking up a 30 deg incline, (*c*) walking up a 45 deg incline, and (*d*) walking up a 60 deg incline. Data were normalized to the stance phase of each stride. Model-predicted muscle forces were calculated using computed muscle control simulations where peak isometric muscle force, optimal muscle fiber length, muscle pennation angle, tendon slack length, and maximum contraction velocity of muscle for each muscle-tendon unit were varied simultaneously. EXP: measured muscle force; CMC: muscle force calculated using computed muscle control.

361 predicted by CMC (Figs. 8 and 9), supporting the use of this 362 method as a tool for predicting muscle forces during gait [31]. 363 RMSD values between the measured and model-predicted forces 364 for SO were smaller than those obtained by CMC for all muscles 365 and all locomotion conditions (Fig. 9). PCC analysis also showed 366 that the level of agreement between the model-predicted and 367 measured muscle forces was greater for SO than CMC (Fig. 9).

368 One possible explanation for the differences in the model-369 predicted muscle forces between SO and CMC is the inclusion of 370 passive muscle forces in CMC [62,63]; in particular, the SO algo-371 rithm ignores the passive force generated by muscle's parallel 372 elastic element. To investigate the contribution of passive muscle 373 forces in the CMC results, we partitioned the total muscle force 374 into active and passive muscle forces for MG, SOL, and TA dur-375 ing all locomotion conditions (Table 6). In some cases, passive 376 muscle forces contributed excessively to the total forces obtained 377 from CMC, especially for the cases of MG and TA during level walking, indicating that the disagreement between the measured 378 379 and model-predicted muscle forces may be partially attributed to 380 the calculation of the passive muscle forces.

Muscle force estimates obtained from SO were less sensitive to changes in the values assumed for the muscle-tendon parameters than those derived from CMC (Tables 4 and 5). This result may 383 be explained by the fact that the SO method implemented in OPEN-384 SIM 3.3 ignores the effects of tendon compliance, whereas the calculated values of muscle forces are known to be particularly 386 sensitive to changes in tendon slack length, and hence, tendon 387 compliance [57]. 388

There are a number of limitations of this study that must be 389 considered when interpreting the results. First, contractile forces 390 were measured for only three muscles because of the technical 391 challenges involved in obtaining these measurements in vivo. Sec- 392 ond, the experimental gait data and model geometry were derived 393 from different animals. Ideally, the experimental and modeling 394 work would be performed on the same animal, but this was not 395 possible here as the cadaver limbs of the animals on which the 396 397 experiments were performed were not available post hoc. Third, the skeletal model of the cat hindlimb was based on CT scans 398 from a single cat. Although we implemented a scaling procedure 399 to account for different sizes of animals used in the experiments, 400 the scaling may not accurately reflect all of the anatomical differ- 401 ences present. Fourth, the patella was assumed to remain fixed rel- 402 ative to the femur. Even though we focused on the ankle muscles 403 in this study, immobilization of the patella may affect the 404

Table 4 Average RMSD values reflecting differences between the nominal and perturbed muscle forces obtained from Monte Carlo analyses using SO and CMC for different locomotion conditions

		Level walking		30 deg upslope		45 deg upslope			60 deg upslope				
		MG ^a	SOL	TA ^a	MG	SOL ^a	TA ^a	MG ^a	SOL ^a	TA ^a	MG	SOL ^a	TA
SO	Mean	0.98	0.29	0.45	0.55	0.62	0.36	0.55	0.42	0.52	0.47	0.42	0.29
	Max	1.58	0.69	0.78	0.80	1.11	0.78	1.15	0.94	0.93	0.89	0.92	0.81
	Min	0.01	0.0	0.08	0.0	0.0	0.01	0.04	0.01	0.0	0.0	0.01	0.01
CMC	Mean	2.98	0.38	2.25	0.78	0.98	1.45	0.98	1.22	1.78	0.52	1.45	0.42
	Max	4.25	0.98	4.45	1.11	1.98	2.87	1.89	1.78	3.11	0.85	2.95	0.89
	Min	0.15	0.01	0.09	0.01	0.02	0.08	0.02	0.01	0.0	0.0	0.02	0.01

^aIndicates statistical difference between SO and CMC for the corresponding muscle (p < 0.05).

Note: Max and Min represent the maximum and minimum RMSD values, respectively.

 Table 5
 Average PCC values reflecting differences between the nominal and perturbed muscle forces obtained from Monte Carlo analyses using SO and CMC for different locomotion conditions

		Level walking		30 deg upslope			45 deg upslope			60 deg upslope			
		MG ^a	SOL ^a	TA ^a	MG ^a	SOL ^a	TA ^a	MG	SOL ^a	TA ^a	MG ^a	SOL ^a	TA ^a
SO	Mean	0.95	0.97	0.92	0.97	0.93	0.95	0.91	0.98	0.95	0.97	0.95	0.92
	Max	0.96	0.98	0.97	0.98	0.97	0.98	0.95	0.99	0.97	0.98	0.98	0.95
	Min	0.87	0.85	0.85	0.86	0.85	0.89	0.88	0.85	0.89	0.91	0.91	0.89
CMC	Mean	0.65	0.85	0.62	0.85	0.75	0.88	0.82	0.76	0.66	0.78	0.74	0.75
	Max	0.71	0.89	0.72	0.90	0.88	0.91	0.89	0.83	0.75	0.87	0.81	0.81
	Min	0.55	0.62	0.55	0.72	0.70	0.75	0.78	0.68	0.56	0.69	0.66	0.69

^aIndicates statistical difference between SO and CMC for the corresponding muscle (p < 0.05).

Note: Max and Min represent the maximum and minimum PCC values, respectively.

Table 6 Average RMSD and PCC values reflecting differences between the measured and model-predicted muscle forces obtained from CMC for different locomotion conditions (MG: medial gastrocnemius; SOL: soleus; TA: tibialis anterior)

	Level walking		30 deg upslope		45 deg upslope			60 deg upslope				
	MG	SOL	TA	MG	SOL	TA	MG	SOL	TA	MG	SOL	TA
RMSD												
CMC	1.60	0.35	1.67	0.23	0.35	0.64	0.30	0.38	0.90	0.30	0.75	0.51
CMC-active PCC	0.69	0.35	0.78	0.23	0.35	0.64	0.24	0.29	0.90	0.30	0.37	0.51
CMC	0.37	0.95	0.73	0.94	0.85	0.92	0.95	0.83	0.72	0.92	0.89	0.88
CMC-active	0.74	0.95	0.81	0.94	0.85	0.92	0.96	0.88	0.72	0.92	0.90	0.88

Note: CMC-active represents the average RMSD and PCC values reflecting differences between the measured and model-predicted active muscle forces (without passive forces) obtained from CMC.

405 accuracy of the muscle force predictions obtained using both 406 methods. Finally, generic values of peak isometric muscle force 407 and maximum shortening velocity of muscle were assumed in the 408 model, which may have introduced additional sources of error in 409 the model calculations. However, previous studies have shown 410 that estimates of muscle force are more sensitive to changes in 411 tendon slack length and optimum muscle fiber length than peak 412 isometric force [57,64]. Furthermore, since the experiments were 413 restricted to walking at the normal speed, one would not expect 414 the calculated values of muscle force to be overly sensitive to 415 changes in the value assumed for muscle's intrinsic maximum 416 shortening velocity.

In summary, we found model-predicted muscle forces, activation levels, and MTU length changes to be consistent with experiment for normal locomotion in the cat hindlimb, with the calculated values of muscle force obtained from SO agreeing more closely with measured muscle forces than those derived from CMC. Future work should focus on obtaining in vivo measurements of muscle force for a larger number of animals, different species, and a wide range of motor tasks in the interests of gener-424 ating a larger corridor of data for model validation. 425

The musculoskeletal model of the cat hindlimb is freely available online.² 426

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 435

²https://simtk.org/home/cat-hindlimb

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440 Nomenclature

- 441 BFM = biceps femoris medial
- $442 \qquad \text{BFP} = \text{biceps femoris posterior}$
- 443 BW = body weight
- 444 CMC = computed muscle control
- 445 CT = computed tomography
- 446 DOF = degrees of freedom
- 447 EDL = extensor digitorum longus
- EMG = electromyography
- 449 FHL = flexor hallucis longus
- 450 GRA = gracilis
- 451 Ht = center of mass height
- LG = lateral gastrocnemius
- MG = medial gastrocnemius
- MP = metatarsophalangeal joint
- MTU = muscle-tendon unit
- PCC = Pearson cross-correlation coefficient
- 457 PL = peroneus longus
- 458 PLAN = plantaris
- 459 RF = rectus femoris
- 460 RMSD = root-mean-square difference
- 461 SM = semimembranosus
- 462 SMP = semimembranosus posterior
- 463 SO = static optimization
- 464 SOL = soleus
- 465 ST = semitendinosus
- 466 TA = tibialis anterior
- VI = Vastus intermedius
- VL = Vastus lateralis
- VM = Vastus medialis

470 Appendix

471 Moment of inertia and mass values assigned for the skeletal472 model of the cat hindlimb are given in Table 7.

 Table 7
 Moment of inertia and mass values assigned for the skeletal model of the cat hindlimb

	Mome	Moment of inertia (kg m ²)								
Body	About the anteriorposterior axis	About the longitudinal axis	About the mediolateral axis	Mass (kg)						
Pelvis	0.068	0.062	0.041	0.82						
Thigh	0.091	0.023	0.033	0.65						
Shank	0.035	0.004	0.036	0.26						
Foot	0.001	0.003	0.003	0.087						
Digits	0.0001	0.0001	0.0007	0.015						

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